

Date: 5/14/25

PREP GRADES K – 6 / TRANSITIONAL K LAUSD BREAKFAST, LUNCH, SUPPER MENU
MAY 19 - MAY 23, 2025

WEEK 2	MONDAY 5/19/25	TUESDAY 5/20/25	WEDNESDAY 5/21/25	THURSDAY 5/22/25	FRIDAY 5/23/25
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Cinnamon Pan Dulce V (R2252)	Morning Beef Sausage Sandwich (R0108)	Fiesta Bean & Cheese Burrito V (R1099) OPTIONAL: Fresh Salsa (R4613) Taco Sauce or Tapatio	Blueberry Oat Bar V (R2284-DW / R2283-CB)	Café LA Coffee Cake V (CMS #2773) (R5617-DW / R5618-CB)
Entrée 2	Deluxe Cereal Bowl V	Nutri-Grain Bar & Yogurt V (R5721-DW, R5722-CB)	Deluxe Cereal Bowl V	Buttery Maple Waffle V (R2259)	Yogurt 4 oz. & Crackers V (R5617-DW / R5618-CB)
Entrée 3 <i>Vegan</i>	Deluxe Cereal Bowl Cinnamon Chex (CMS #1625) AND/OR Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)	Soy Yogurt & Belvita Crackers (R5715-DW, R5716-CB)	Deluxe Cereal Bowl Cinnamon Chex (CMS #1625) AND/OR Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)
	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Banana (CMS #3204)	Fresh Fruit
Fruit Juice, ½ c	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Fruit Juice 4 oz.
Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>	Chicken Drumstick & Mashed Potato (R0972) Artisan Roll (CMS #6068)	Spicy Taco Stick (R0195) & Fresh Salsa (R4613)	Café LA Burger (R0090) Optional: Fresh Topping* AND/OR Café LA Cheeseburger (R0128) Optional: Fresh Topping*	Taco Bean & Cheese Dip with Tortilla Chips V (R1956)	Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge V (R1063)
Entrée 2 <i>Bowl</i>	Beef & Cheese Taquitos (R0167) & Fresh Salsa (R4613)	Chicken Alfredo Pasta (R5734)	Chicken, Cheese & Chili Flauta & Tortilla Chips (R5796) & Fresh Salsa (R4613)	Mac N Cheese V (R5653)	Fi-LA of Fish Sandwich (R0843)
Entrée 3 <i>Vegan</i>	Vegan Chik'n Tenders (R6043) Artisan Roll (CMS #6068)	Spicy Chick'n Sandwich (R6051) Optional: Fresh Topping* AND/OR	Impossible Burger (R6032) Optional: Fresh Topping*	Bean & Veggie Taco CrispUp (R1953)	Vegan Teriyaki & Carrot Rice Bowl (R6041)

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		Chik'n Sandwich (R6029) Optional: Fresh Topping*			
OPTIONAL Entrée 4 Cold	Manager's Choice LUNCH Sandwich** / OPTIONAL: Fresh Topping* OR Yogurt 8 oz. (CMS #7107-DW, CMS #9156-CB) Granola Cinnamon (CMS #1501) V				
*OPTIONAL: FRESH TOPPING SERVE EITHER FRESH PICKLES (R4618), FRESH LETTUCE (R4642), LETTUCE & TOMATO (R4520) OR OFFER LETTUCE (CMS #3368/RSB4000) & TOMATO (CMS #3086) ON THE HARVEST BAR.					
Vegetable-Hot (½ c)	No Hot Vegetable	Street Corn (R4530)	Roasted Potato Wedges (R4370)	No Hot Vegetable	Roasted Potato Wedges (R4370)
Vegetable	Refer to Harvest Bar or Harvest Stand Menu				
Fruit					
Treat Item	Offer the Chocolate Chip Cookie* (R2641/CMS #2766) one day each week as an Extra Treat <i>*Sites may get auto sub of festive cookie dough to deplete inventory</i>				
Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.
LUNCH CONDIMENT	Ketchup Mustard Taco Sauce or Tapatio BBQ Sauce Mayonnaise Tajin	BBQ Sauce Ketchup Mustard Mayonnaise Taco Sauce or Tapatio Tajin	BBQ Sauce Ketchup Mustard Mayonnaise Secret Sauce (R7079) Taco Sauce or Tapatio Tajin	Ketchup Mustard Mayonnaise Taco Sauce or Tapatio Tajin	Tartar Sauce Ketchup Mustard Mayonnaise Sriracha Sauce Tajin
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1 Hot OR Cold	Longboard Pizza (Chicken & Jalapeno) (R1156) AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Granola V (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** V Granola Cinnamon V (CMS #1501)	Cheesy Pillows V (R1119) AND/OR Turkey Stick (CMS #2065) & String Cheese (CMS #2902) Cheez-It Crackers (CMS #1239)	Chicken Parmesan Wrap (R5751-DW, R5752-CB) AND/OR Manager's Choice SUPPER Sandwich**	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) AND/OR Beef Stick Meal Kit (CMS #1688) AND/OR Sunbutter & Jelly Meal Kit V (CMS #1683)	Mini Mozzarella Bites with Marinara Sauce V (R1153) AND/OR Tuna Pouch (CMS #1382) Whole Wheat Crackers (CMS #1584)

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Entrée <i>Children Under 4</i>	Manager's Choice SUPPER Sandwich** AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Crackers V (CMS #1590) AND/OR Manager's Choice Yogurt Parfait** V Crackers V (CMS #1590)	Cheesy Pillows V (R1119) AND/OR Cheese Plank V , 2 each (CMS #2525) Cheez-It Crackers V (CMS #1239)	Chicken Parmesan Wrap (R5751-DW, R5752-CB) AND/OR Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Crackers V (CMS #1590) AND/OR Manager's Choice Yogurt Parfait** V Crackers V (CMS #1590)	Manager's Choice SUPPER Sandwich** AND/OR Cheese Plank V , 2 each (CMS #2525) Cheez-It Crackers V (CMS #1239)
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. <i>Provide a vegan entrée that is different than what was served for lunch the same day.</i> Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029)				
Vegetable (½ c)	Cherry Smooth Cup (CMS #2364)	Berry Berry Blue Slush (CMS #2827)	Petite Baby Carrots (CMS #3006) Under 4 Yrs: Orange Medley Juice, CMS #1308	Paradise Punch Vegetable Juice (CMS #1681)	Celery Sticks (CMS #3826) Under 4 Yrs: Cherry Smooth Cup, CMS #2364
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Frozen Watermelon Juice Cup (CMS #2182) Under 4 Yrs: Fresh Fruit
Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.
SUPPER CONDIMENT	Mayonnaise Mustard Tajin	Tajin	Mayonnaise Mustard Optional: Ranch Dressing Tajin	Taco Sauce or Tapatio Tajin	Mayonnaise Mustard Optional: Ranch Dressing Tajin

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Must serve two choices from the following five (5) options – 1. Fat-Free Milk, 2. Low-Fat Milk, 3. Fat-Free Lactose Free Milk, 4. Fat-Free Chocolate Milk, 5. Fat-Free Strawberry **NOTE:** Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1st grade and above.

Deluxe Cereal Bowl: Cinnamon Toast Crunch (CMS #1623), Honey Bunches of Oats (CMS #1425), Honey Cheerios (CMS #1442), Cinnamon Chex (CMS #1625)

Fresh Fruit: Banana (CMS #3204), Tangerine (CMS #3198), Orange (CMS #3093), Kiwi (CMS #3846), Cara Cara Orange (CMS #3238), Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week (refer to Daily Update).

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****MANAGER'S CHOICE**

MANAGER'S CHOICE LUNCH SANDWICH OPTIONS	Toasted Cheese Sandwich (R1086-IW / R1131-Scratch), Turkey Breast & Cheese Sandwich (R0911), Turkey Steak & Cheese Sandwich (R0942), Tuna Sandwich (R5619), Banh Mi Sandwich w/Pickled Carrots & Daikon (R5753)
MANAGER'S CHOICE PARFAIT OPTIONS	Blueberry Yogurt Parfait (R1647D-DW, R1647C-CB), Mango Parfait (R1665D-DW, R1665C-CB)
MANAGER'S CHOICE SUPPER SANDWICH OPTIONS	Turkey Breast & Cheese Sandwich (R0911), Turkey Steak & Cheese Sandwich (R0942), Tuna Sandwich (R5619), Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944), Sunbutter & Strawberry Jelly Sandwich V (R1943)